

# **BALANCE CHALLENGE**

**Planned Number of Participants: 400**

**Classroom Coordinator:**

Holiday Fair Contacts: Kimberly Martin (720) 231-7071

**Children go through a course that challenges their physical coordination and balance.**

Materials:

Tape

Sharpie

Long and Short Balance Beams

Balance boards

Polished

Balance board with marble track

Balls, mats, and other fun stuff

Play stands

## **Room SetUp**

Balance Challenge will be held in the 6th grade classroom. This room will be ready to set-up by 3P on Friday, Dec. 6th. The goal is to have the room setup by 6P on Friday, Dec. 6th. The Class Coordinator is responsible for leading volunteers in the set up of the room between 3-6P on Friday, Dec. 6th.

Note: This activity has no strict model of how the course should be set. Start thinking creatively and have fun!

1. Stack desks and chairs behind bookcase where students hooks are. 7<sup>th</sup> grade may borrow desks for the Children's Shoppe.
2. With tape and sharpie in hand, go to each room listed above and retrieve all materials. Before you leave the classroom, write the name of the classroom on tape and adhere to the equipment. Make sure the tape is placed in a spot that will not get rubbed off during the activity.
3. Create a path with the balance beams around the perimeter of the room.
4. Slide mats under balance beams.
5. Create walls in the middle of the room to create a separate space for the balance boards or balls.
6. Place balance boards in middle of room, making sure to spread them out so each child will have enough room.

7. Retrieve 2-3 chairs for volunteers to use. Place one at the front door with a desk or small table for the greeter and others in room corners.

8. Test out the set up. This should be easy enough for younger children - those under age 7 -and also have some elements of interest for children up to age 10.

9. Once room is completely set up, please find the Children's Activities Chair to get the sign to hang on the door indicating the room is set up.

## **Instructions for room volunteers**

### **Please arrive on time for your shift!!!**

Greeter - one volunteer to stand at entrance to check child in by asking what grade the child is in. **If the child is 2nd grade or younger, parents must stay** with child during this activity. Please advise parents.

Check the child's activity bracelet. BLUE bracelets are unlimited activity passes and the child can be let in with no further action. SILVER bracelets are 3-activity passes. Place a single sharpie line mark on the child's activity bracelet. Silver can only have up to 3 marks. If the child is "out" of Children's Activities, they could be directed downstairs to the front lobby to purchase more children's activities bracelets.

Count the child on the tally sheet

Facilitating

Watch children as they go through course to ensure their safety.

Notice how many people are in the room and children are on the equipment so we can decide on the best occupancy of this popular activity. While some kids will be quick through the room, some will linger. That is okay.

If the room seems really full, implement the process of 1 child out, 1 child in.

Write any thoughts on paper provided by front door.

## **Clean Up Procedures**

Children's Activities close at 2:30P, though there will certainly be some finishing their projects after that time, clean up can begin then. All Children's Activities rooms must be cleaned and back to their original configuration by 5P on Saturday, December 7th.

Return all equipment to classrooms, designated by tape.

Sweep.

Using provided rags, remove any scuff marks from floor.

Pick up trash. Dispose all trash in dumpsters outside - large trash bags available in art room